

07/01/2020

Revision date(s): 08/06/2020, 08/18/2020, 09/01/2020, 09/16/2020, 10/10/2020, 10/23/2020



Re-Opening Implementation Plan

Aspire Personal Care is in Phase 1 reopening 10-23-2020

Testing:

- Baseline testing of all Personal Care employees and residents has been completed.
- The Highlands at Wyomissing are contracted with multiple labs for testing.
- These contracts give us the capacity to administer Covid-19 diagnostic tests to all residents and staff if The Highlands experiences an outbreak.
- The Highlands at Wyomissing has the capacity to administer Covid-19 tests to all staff, including asymptomatic staff on a weekly basis.
- The Highlands at Wyomissing requires any essential and non-essential staff, including vendors and volunteers who visit the skilled nursing and personal care areas, at least once weekly to be tested for Covid-19.
- The Highlands at Wyomissing currently has ample supply of PPE.
- The Highlands at Wyomissing currently staffs above state minimums.
- The Highlands at Wyomissing is currently not under a contingency staffing plan.
- The Highlands at Wyomissing follows the cohorting guidance in PA-HAN 509
- The Highlands at Wyomissing has a screening process in place for all residents, staff (essential and non-essential), visitors, volunteers and vendors.
- Visitation plan: (current step/phase as noted above)
 - Visitation in Personal Care is restricted due to being in Phase 1. Virtual visits are allowable by making an appointment with our activities department. Personal Care should call 484-220-8515 to schedule a visit.
 - Visitation times are Monday through Friday 9:00 AM to 4:30PM.
 - Visitor and resident are required to always remain six feet apart during visitation.
 - Visitor and resident are required to wear a mask during visitation.
 - Visitors must wash hands/sanitize hands before and after visits.
 - Outdoor visitors are required to be screened at The Highland's main entrance prior to visitation.
 - Indoor visitors will be screened at the Traditional Personal Care or Memory Support main entrances to Personal Care, by The Highlands staff. (Personal Care only)
 - All visits must be scheduled with The Highlands designee prior to visitation. No exceptions.
 - Visits will be limited to one time per week per resident, only family members or resident designees are permitted to visit in order to allow The Highlands to manage volume. Limit of 2 (two) visitors at one time.
 - Visitors must stay in designated visitation area

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- Visit will be supervised by a Highlands employee to ensure adherence to social distancing and safety of the resident.
- If a resident is cognitively impaired and cannot visit safely in an outdoor area, visitation will continue to be restricted, and not allowed. (i.e. resident is a wander risk or elopement risk)
- The Highlands staff will sign in visitor, including contact information, and sign out visitor at end of visit.
- Area will be sanitized between each visit.
- Group activities in Aspire Personal Care are on hold. Aspire Memory Support has limited activities that may occur in limited groups, socially distanced, with hand hygiene, and universal masking for staff and residents.
- In-person dining is on hold in Aspire Personal Care. Aspire Memory Support dining will occur with a single resident at each table, socially distanced, at staggered mealtimes, and with sanitation between diners. Residents are also encouraged to dine in their room as appropriate.

Resident and Family Questions - Pandemic Hotline – 484-220-8500