



## **Re-Opening Implementation Plan for Skilled Nursing and Personal Care**

- **Testing of Resident and Employees:**
  - Baseline testing of all Skilled Nursing and Personal Care employees and residents has been completed.
  - The Highlands at Wyomissing are contracted with multiple labs for testing.
  - These contracts give us the capacity to administer CoVid 19 diagnostic tests to all residents and staff if the community experiences an outbreak.
  - The Highlands at Wyomissing has the capacity to administer CoVid 19 tests to all staff, including asymptomatic staff on a weekly basis.
  - The Highlands at Wyomissing requires any essential and non-essential staff, including vendors and volunteers who visit Skilled Nursing and Personal Care at least once weekly to be tested for CoVid.
- **The Highlands at Wyomissing currently has ample supply of PPE.**
- **The Highlands at Wyomissing currently staffs above state minimums.**
- **The Highlands at Wyomissing is currently not under a contingency staffing plan.**
- **The Highlands at Wyomissing follows the cohorting guidance in PA-HAN 509.**
- **The Highlands at Wyomissing has a screening process in place for all residents, staff (essential and non-essential), visitors, volunteers, and vendors.**
- **Visitation Plan:** (current step/phase)
  - Outdoor visitation is allowable with social distancing by making an appointment with the activities department. Skilled Nursing should call 484-220-8389 to schedule a visit. Personal Care should call 484-220-8515 to schedule a visit.
  - Visitation times are Monday through Friday 9:00 AM to 4:30PM.
  - Visitor and resident are required to always remain six feet apart during visitation.
  - Visitor and resident are required to wear a mask during visitation.
  - Visitors must wash hands/sanitize hands before and after visits.
  - Visitors are required to be screened at The Highland's main entrance prior to visitation.
  - All visits in Skilled Nursing and Personal Care must be scheduled with a Highlands designee prior to visitation. No exceptions.
  - Visits will be limited to one time per week per resident, only family members or resident designees are permitted to visit in order to allow The Highlands to manage volume. Limit of 3 (three) visitors at one time.
  - Visitors must stay in designated visitation area

- Visit will be supervised by a Highlands employee to ensure adherence to social distancing and safety of the resident.
- If a resident is cognitively impaired and cannot visit safely in an outdoor area, visitation will continue to be restricted, and not allowed. (i.e. resident is a wander risk or elopement risk)
- The Highlands staff will sign in visitor, including contact information, and sign out visitor at end of visit.
- Area will be sanitized between each visit.
- **Limited activities may occur in limited groups, socially distanced, with hand hygiene, and universal masking for staff and residents.**
- **Communal dining may occur, single resident at a table, socially distanced, staggered mealtimes, sanitation between diners. Residents are also encouraged to dine in their room as appropriate.**