

Bistro Lunch and Wyomissing Club Room Dinner

“Homestyle Specials”

MONDAY, SEPTEMBER 25TH

Dining Rooms Closed



TUESDAY, SEPTEMBER 26TH

Lunch Special -Fall Grilled Chicken Salad

Tuna Noodle Casserole
 Asiago Chicken GF

WEDNESDAY, SEPTEMBER 27TH

Lunch Special – Pizza Day!

Beef Brisket, Caramelized Onion GF mac& Cheese
 Chicken Scallopini GF

THURSDAY, SEPTEMBER 28th

Lunch Special- Avocado Toast Eggs Benedict

Slider Burgers

Cedar Plank Salmon |GF

FRIDAY, SEPTEMBER 29TH

Sole Meuniere |GF
 Turkey Tetrazzini

SATURDAY, SEPTEMBER 30TH

Catch of the Day GF
 Shrimp Paella

Announcements

Weekly Ice cream Features:

Rocky Road Mocha Latte

Wellness Chef Table

Tuesday, September 26th, 2:00 pm Terrace Room
 Limited Availability | Reservations Required

Coffee with Chris

Tuesday, September 26th, 2023, 10:00am
 in the Terrace Room

Late Night Entertainment

Join us for Late Night on Friday, September 29th, 2023,
 7pm to 9pm.

Musical performance by Dave Cullen
 Limited Seating | Reservations Required

Summer Grilling

Tuesday, September 26th & 27th, 2023
 on the Terrace Room Patio at 5pm

Reservations Required | Limited Seating

*Roasted Feta Beet Salad, Tenderloin & Portabella
 Kabobs, Grilled Tuna, Roasted Lemon Rosemary
 Potatoes, Grilled Zucchini Spears, Apple Dumplings*

Burgers and Beer

Tuesday, September 28th, 2023 on the Terrace Room
 Patio at 12pm. Reservations Required.

Dining Rooms Closed Monday 25th

All Dining Venues will be closed on
 Monday, September 25th, 2023 due to a power outage.
 Box meals will be available for pick up at 12pm and 4pm.
 Forms to order a meal can be found at the hostess station.

Terrace Room Menu

September 26th to September 29th

Starters

*Soup of the Day, French Onion Dip, Fried Green Beans,
 Cheese Curds, Chopped Salad, Autumn Harvest Grain Salad*

Entrees

Red Curry Risotto with Shrimp

Coconut curry risotto, lemon grass lime shrimp

Steak Pizzaiola

*Tender beef medallions, fresh tomato, bell pepper, parmesan
 polenta onion gravy*

Bourbon Pecan Chicken

Roasted glazed sweet potatoes, honey bourbon glaze, pecans

Sauteed Garlic Green Beans

Roasted Glazed Sweet Potatoes

Additional entrees

Pan Roasted Salmon Filet of Beef

Dessert

Double Chocolate Cake Vanilla cheesecake, Berries

Dining Hours and Reservations

Reservations are accepted 3 days in advance.

Bistro

No reservations needed or accepted.

- Breakfast: Monday -Saturday 8:00 a.m. – 2:30 p.m.
- Lunch: Monday -Saturday 11:30 a.m. – 2:30 p.m.
- Dinner Buffet: Monday- Friday 4:00 – 6:30 p.m.
- Closed Sundays.

Wyomissing Club

Reservations are required Monday-Sunday

- Dinner: Monday - Friday 4:30 – 7:00 p.m.
- Saturday Evenings: 4:30 – 6:30 p.m.
 (Shrimp, clams, and more menu)
- Sunday Brunch: 11:30 a.m. – 2:30 p.m.,
- Sunday Funday! 4:30 – 6:30 p.m.

Terrace Room

Residents can make 3 reservations per week.

Reservations are required Monday -Friday & Sundays

- Dinner: Monday- Friday 5:00 p.m. – 7:00 p.m.
- Sunday Brunch -11:30 a.m. – 2:30 p.m.
- Closed Saturdays

Bistro Dinner & Take Out Menu

MONDAY, SEPTEMBER 25TH

***Dining Rooms Closed
due to Power Outage
Box Meals available***

12pm and 4pm pick up

***Forms located at the
hostess desk***

THURSDAY, SEPTEMBER 28TH

German Potato | GF \$1.95
Pepper Pot Soup | GF \$2.95
Cream of Asparagus Soup | GF \$2.95
Slider Burgers \$10.00
 Cedar Plank Salmon | GF \$10.00
Kielbasa Sausage | GF \$10.00
Haluski \$1.95
Winter Blend | GF \$1.95
Buttered Carrots | GF \$1.95
French Beans | GF \$1.95
German Chocolate Cake \$2.50
Blondies \$2.50

TUESDAY, SEPTEMBER 26TH

Herring in Wine Sauce | GF \$4.00
Lentil Soup | GF \$2.95
Mushroom Barley \$2.95
 Tuna Noodle Casserole \$10
Asiago Chicken | GF \$10.00
Pork Marsala | GF \$10.00
Orzo Pilaf \$1.95
Breaded Zucchini | GF \$1.95
Baby Beets | GF \$1.95
Broccoli | GF \$1.95
Fruit of the Forest Pie \$2.50
Coconut Cake \$2.50

FRIDAY, SEPTEMBER 29TH


Action Station – Pierogies

Broccoli Salad | GF \$1.95
New England Clam Chowder | GF 2.95
Pepper Pot Soup | GF 2.95
Turkey Tetrazzini \$10.00
 Sole Meuniere | GF \$10.00
Flank Steak | GF \$10.00
Yukon Gold Potatoes | GF \$1.95
Steamed Corn | GF \$1.95
Broccoli | GF \$1.95
Coconut Cookies \$2.50
Key Lime Pie \$2.50

WEDNESDAY, SEPTEMBER 27TH

Wedge Salad w/ Balsamic | GF \$4.00
Cream of Asparagus Soup | GF 2.95
Mushroom Barley Soup 2.95
Beef Brisket/ Caramelized Onion |
GF \$10.00
Chicken Scallopini | GF \$10.00
Turkey Loaf \$10.00
Macaroni & Cheese \$1.95
Stewed Tomatoes | GF \$1.95
Sauteed Spinach | GF \$1.95
Squash Medley | GF \$1.95
Peach Crumb Pie \$2.50
Pudding Parfait \$2.50

Always Available

Applesauce, House Salad, Fresh Fruit
Chicken Apple Walnut Salad GF
Baked Salmon GF, Baked Chicken GF,
Whipped, Baked & Sweet Potatoes
Desserts: Angel Food Cake, Hand Fruit
 =Lower Fat, Lower Sodium
GF=Gluten Friendly

Wyomissing Club Weekend Happenings

SATURDAY, SEPTEMBER 30TH

Wyomissing Club Room
4:30 – 6:30pm
Reservations Required
Seafood Night
New England Clam Chowder \$2.95
Coleslaw | GF \$1.95
Broiled Seafood Combo GF
Catch of the Day GF
Shrimp Paella
Cheddar Biscuit
Crispy Brussels Sprouts
Baby Carrots
Brownie Sundae
Ice cream

SUNDAY, OCTOBER 1ST

Buffet Brunch
11:30am – 2:30pm
Reservations Required
Pear Walnut Salad Fruit Cup
Assorted Pastries
Yogurt Bar
Glazed Ham | GF, *Peach Chutney*
Spinach, Mushroom, Asiago Frittata
Chicken | GF, *Lemon Mushroom Sauce*
Maryland Crab Cakes
Roasted Root Vegetables | GF
Vegetable Medley | GF
Bacon GF Sausage GF
Assorted Desserts
\$6.00 Mimosas or Bloody Mary

SUNDAY FUNDAY!

Wyomissing Club Room
4:30pm to 6:30pm
Reservations Required
Pasta Salad
House Salad
Crispy Chicken Kale & Romaine Salad
*Breaded Chicken Breast, Apples,
Pomegranate, Pecans, Goat Cheese, Citrus
Vinaigrette.*
Tuna Melt
Highlands Burger
French Fries
Bistro Chips
Ice Cream
Always Available items not offered

To-Go & Room Service

Please order from the Bistro Takeout Menu

To-Go Orders are available between the following hours:

Monday -Saturday: 11:30am - 2:30 pm and 4:30pm - 6:30 pm

Sunday: 11:30am-2:30 p.m.

Room Service will be delivered **Monday – Saturday** starting at 6:30pm and
1:00pm on Sundays.

Please call 484-220-8316 or email diningorders@thehighlands.org.