Announcements & Events

Birthday Celebration

The Birthday Celebration is being held in the Terrace Room at 5pm on Monday, June 16th. Event is invitation only.

Coffee with Chris

Held on Tuesday, June 17th, in the Terrace Room at 10:30am and will be hosted by Dining Manager, Ryan Yandersits.

Summer Grilling

Join us on the Terrace Room Patio on Wednesday, June $18^{th} \& 25^{th}$ from 4:30 pm - 6:30 pm for Summer Grilling.

Appetizer: Tomato, Cucumber and Avocado Salad |GF Entrée: Grilled Brown Sugar and Bourbon Flank Steak Grilled Swordfish with Pineapple Slaw |GF Accompaniments: Garlic Chive Potato Puree & Corn on the Cob |GF **Dessert:** Brownie Hot Fudge Sundae

Reservations Required | Limited Availability Sign up on Cubigo today.

Cubigo Dining Training

Join Dining Services Manager, Ryan Yandersits, in the Wyomissing Club Room on Thursday, June 5th, at 10am for a Dining Services Cubigo Training Session.

Bring your device for in-depth training and enjoy some light refreshments.

End of Month Billing Discrepancies

To report a discrepancy with your end of month bill, please detail the date and nature of the discrepancy through the following communication options:

> Cubigo Chat: Dining Manager, Ryan Yandersits Email: YandersitsR@thehighlands.org Voicemail: (484) 220 – 8313 In Person: By Appointment

Late Night with Josh Squared

Join us Friday, June 27th, for live musical entertainment in the Wyomissing Club Room 7-9pm.

"Late Night" Menu Available. Reservations 3 Days in Advance.

Upcoming June Events:

June 15th: Father's Day Buffet, 11:30am

June 16th: Birthday Dinner (Invitation), 5pm

June 17th: Coffee with Chris, 10:30am

June 18th: Summer Grilling, 6pm

June 19th: New Resident Cubigo Orientation, 10am

June 25th: Summer Grilling, 6pm

June 27th: Late Night with Josh Squared, 7pm

To-Go and Room Service Hours

You can order from the Bistro, Club or Terrace Room Menus To-Go Orders are available between the following hours:

Monday - Saturday:

Lunch: 11:30 am - 2:30 pm **Dinner:** 4:15 pm, 4:30 pm, 4:45 pm, 5:00 pm, 5:15 pm, 5:30 pm

Sunday: 11:30 am-2:30 pm

Room Service: Starting at 5:30 pm Monday-Saturday and

1:00 pm on Sundays.

Please call (484) 220-8316 or email diningorders@thehighlands.org.

Please place To Go order before 3 pm to ensure it is received.

Terrace Room Menu only available Tuesday - Saturday

For any discrepancies on TOGO orders please contact the Main Kitchen for a correction (484) 220-8317

Dining Room Hours

No reservations are needed or accepted.

Breakfast: Monday - Saturday 8:00 am – 2:30 pm Lunch: Monday -Saturday 11:30 am – 2:30 pm Dinner Buffet **\$20.00**: Monday- Friday 4:00 – 6:30 pm

Closed Sundays.

Wyomissing Club Room

Dinner: Monday - Sunday 4:30 – 6:30 pm

Late Night Thursday – Saturday 7:00 pm - 9:00 pm

Sunday Brunch: 11:30 am − 2:30 pm

Terrace Room

Dinner: Tuesday - Saturday 5:00 pm - 8:00 pm

Sunday Brunch -11:30 am - 2:30 pm

Closed Mondays.

Weekly Bistro Speeials

Featured Tee Cream Flavors

Black Cherry Ask your server for the current selection of Lactose Free Ice Cream.

Vegetable of the Week

Bistro and Club Room Vegetable of the Week: Wax Beans

Available During Bistro Breakfast & Lunch

MONDAY, JUNE 16th

Brookie Dough Blast

Special: Crispy Chicken Bacon Ranch Sandwich

TUESDAY, JUNE 17th

Special: *Blueberry Pancakes* with Sausage

WEDNESDAY, JUNE 18th

Lunch Special -Pizza Day!

THURSDAY, JUNE 19th

Special: Turkey Panini

FRIDAY, JUNE 21st

Special: *Eggs Benedict Florentine*

Weekly Dining Menus

Terrace Room Menu:

JUNE $17^{th} - 21^{st}$

Starters

Soup of the Day \$2.95 (Bistro Menu) Chopped Salad \$4.00 Ouinoa Salad with Black Bean and Corn \$4.00 Shrimp Cocktail \$6.00 Melon Prosciutto Skewers \$6.00

Entrees

Stuffed Fillet of Sole |GF \$15.90

Smoked Salmon stuffed Sole with Dill Beurre Blanc Sauce; Served with Green Beans and Roasted Sweet Potatoes.

Seared Duck Breast \$15.90

Raspberry Demi Glace and Mandarin Oranges: served with Braised Red Cabbage and Roasted Sweet Potatoes.

Seared Herb Crusted Pork Tenderloin \$15.90

With Sundried Tomatoes and Fresh Basil in a Dijon Mustard Cream Sauce; served with Crispy Potato Wedges and Braised Red Cabbage.

Accompaniments

Crispy Potato Wedges \$1.95 Roasted Sweet Potatoes |GF \$1.95 **Green Beans | GF \$1.95** Braised Red Cabbage |GF \$1.95

Additional entrees

Pan Roasted Salmon Filet of Beef (\$12.00 upcharge)

Dessert

Toasted Vanilla Bean Latte Cake \$2.50 Peach Green Tea Mousse |GF \$2.50

Club Room Menu

Available: Monday – Friday Dinner

Starters

Soup of the Day \$2.95(Bistro Menu) House Salad \$4.00 Caesar Salad \$4.00 Fresh Fruit Cup \$4.00 Loaded Buffalo Chicken Flatbread \$6.00

Salad Entrees

Chicken Apple Walnut |GF \$12.00 Shrimp Citrus Crunch Salad |GF \$12.00 Steak Caesar Salad |GF \$15.00

Sandwiches

BYO Burger \$7.95 Portabella Stack \$7.95. Crab Cake Sandwich \$14.00 (\$4.00 upcharge)

Entrees

Pan Seared Salmon \$12.95 Parmesan Crusted Cod \$12.95, Pork Medallions \$14.00, Petit Filet \$16.00 (\$6.00 upcharge), All Three Club Homestyle Dinners

Dessert

Peach Pie \$2.50 Dessert of the Day (Bistro Dinner) \$2.50

Bistro Dinner, Aub Homestyle, & Take Out Menu

SATURDAY, JUNE 14th

Wyomissing Club, 4:30-6:30pm **Reservations Required**

Beef Barley \$2.95 House Salad |GF \$4.00 Creamed Chipped Beef over Toast \$13.00 Hot Turkey Sandwich, Gravy \$13.00 Pasta Primavera \$13.00 Whipped Potatoes |GF \$1.95 Green Beans |GF \$1.95 Peas & Pearl Onions |GF \$1.95 Mixed Chocolate Tart \$2.50

MONDAY, JUNE 16th

Summer Vegetable Soup |GF \$2.95 Beef Barley Soup \$2.95 Caesar Salad \$4.00 Southwestern Chicken Salad |GF \$10.00 Veal Parmesan \$10.00 Spaghetti, White Clam Sauce \$10.00 Parmesan Risotto \$1.95 Fresh Green Beans |GF \$1.95 Mixed Vegetables |GF \$1.95 Birthday Cake Cookies \$2.50 Peach Custard Tart \$2.50

THURSDAY, JUNE 19th

Beef Rice Soup |GF \$2.95 Ham and Bean Soup |GF \$2.95 Greek Salad |GF \$4.00 Turkey BLT Salad \$10.00 Hawaiian Chicken |GF \$10.00 Ravioli, Rosa Sauce \$10.00 Coconut Rice |GF \$1.95 Island Stir Fry |GF \$1.95 Asparagus |GF \$1.95 Cranberry Orange Bundt Cake \$2.50 Brown Butter Apple Blondies \$2.50

SUNDAY, JUNE 22nd

Buffet Service 11:30am-2:30pm | \$20.00 Wyomissing Club Room 4:30pm to 6:30pm Muffins, Danishes & Sticky Buns Fresh Fruit Caprese Salad Waffle Station Lemon Garic Chicken |GF Scrambled Eggs with Ham and Cheese |GF Shrimp and Shrimp |GF Potatoes O'Brien |GF Roasted Carrots, Honey and Thyme |GF Green Beans Almandine |GF Bacon |GF & Sausage |GF Assorted Desserts

SUNDAY, JUNE 15th **HAPPY FATHER'S DAY!**

Buffet Service 11:30am-2:30pm | \$20.00

Chilled Shrimp Cocktail |GF Fresh Fruit |GF Strawberry Arugula Salad |GF Chef Carved Herbed Prime Rib |GF Eggs Benedict Casserole, Hollandaise Peach Glazed BBQ Chicken |GF Lemon Blueberry French Toast Au Gratin Potatoes Corn on the Cob |GF Broccoli, Cheese Sauce | GF Bacon |GF & Sausage |GF Chocolate Lava Cake Apple Pie

TUESDAY, JUNE 17th

Tomato Florentine Soup |GF \$2.95 Summer Vegetable Soup |GF \$2.95 Tomato Cucumber Salad |GF \$4.00 Shrimp Caesar Salad \$10.00 BBQ Pork Ribs |GF \$10.00

Oven Fried Chicken \$10.00 Roasted Sweet Potatoes |GF \$1.95 Harvard Beets |GF \$1.95 Summer Squash with Peppers |GF \$1.95

Lemon Meringue Pie \$2.50 Strawberry Crunch Cake \$2.50

FRIDAY, JUNE 20th

Action Station: Paninis

Summer Corn Chowder |GF \$2.95 Beef Rice Soup |GF \$2.95 Coleslaw |GF \$4.00 Quiche Lorraine \$10.00

Tilapia, Dill Cream Sauce \$10.00 Apricot Glazed Chicken |GF \$10.00 Scalloped Potatoes |GF \$1.95 Parmesan Tomatoes |GF \$1.95 Creamed Corn |GF \$1.95 Rocky Road Brownies \$2.50 Key Lime Pie \$2.50

Sunday Burgers and More

Reservations Required

Sweet Potato Salad \$1.95 Build Your Own Smash Burger \$7.95

Featured Smash Burger: Caprese Burger \$7.95 1/4 lb Hot Dogs \$6.95

Grilled Chicken Breast \$6.95 Marinated and grilled to perfection. French Fries, Onion Rings or Bistro Chips \$1.95

Ice Cream \$2.50

Always Available items not offered.

Sunday Burgers and More

Wyomissing Club Room 4:30pm to 6:30pm **Reservations Required**

Sweet Potato Salad \$1.95 Build Your Own Smash Burger \$7.95

Featured Smash Burger: Black and Bleu \$7.95 1/4 lb Hot Dogs \$6.95

Grilled Chicken Breast \$6.95 Marinated and grilled to perfection. French Fries, Onion Rings or Bistro Chips \$1.95 Ice Cream \$2.50

Always Available items not offered

WEDNESDAY, JUNE 18th Ham and Bean Soup |GF \$2.95

Tomato Florentine Soup |GF \$2.95 Pickled Beets and Egg |GF \$4.00 Roast Beef, Gravy |GF \$10.00 Grilled Pork Chop, Dijon Cream |GF \$10.00 Mediterranean Tilapia |GF \$10.00 Sour Cream Chive Mashed |GF \$1.95 Corn on the Cob |GF \$1.95 Baby Carrots |GF \$1.95 Monkey Bread \$2.50 Blueberry Crumble Cheesecake \$2.50

SATURDAY, JUNE 21st

Wyomissing Club, 4:30-6:30pm Reservations Required

Cream of Potato Soup |GF \$4.00 House Salad |GF \$4.00 Stuffed Cabbage |GF \$13.00 French Dip Sandwich \$13.00 Turkey Cobb Salad |GF \$13.00

Whipped Potatoes |GF \$1.95 Onion Rings \$1.95 Wax Beans |GF \$1.95 Custard Pie \$2.50 Apple Cider Cookies \$2.50

Always Available

Applesauce GF, House Salad GF, Fresh Fruit GF Chicken Apple Walnut Salad GF Pan Seared Salmon GF, Baked Chicken GF, Whipped, Baked & Sweet Potatoes Desserts: Angel Food Cake, Hand Fruit (apple, banana, orange)

=Lower Fat, Lower Sodium GF=Gluten Friendly

Vegetable of the Week: Wax Beans