

# Announcements & Events

## Fourth of July Reservations Open

Reservations are Now Open for our Fourth of July Holiday Meal on Friday, July 4<sup>th</sup>, from 11:30 am – 2:30 pm.  
Reservations Required for all Party Sizes.  
No Evening Meal will be Offered.

## Coffee with Chris

Held on Tuesday, July 1<sup>st</sup>, in the Terrace Room at 10:30am.

## Iron Chef Competition

Join us in the Cultural Center on Thursday, July 3<sup>rd</sup>, at 2pm for a special Iron Chef Cooking Competition.

## "First" Friday Happy Hour

Due to Independence Day, "First" Friday Happy Hour will occur on Friday, July 11<sup>th</sup> at 4pm in the Wyomissing Club Room Bar.

## PC Patio Luau Party

Join us on the Personal Care Patio on Tuesday, July 15<sup>th</sup> from 4:30 pm – 6:30 pm for our Luau Party.

**Appetizer:** Tropical Green Salad w/ Pineapple Vinaigrette |GF

**Entrée:** Kalua Pork Sliders on Hawaiian Rolls

Huli Huli Chicken with Steamed Rice |GF

**Accompaniments:** Hawaiian Macaroni Salad &

Caribbean Mixed Vegetables |GF

**Dessert:** Pina Colada Cupcakes

Reservations Required | Limited Availability  
Registration opens on Cubigo on June 30<sup>th</sup> at 9am.

## Table Temptations with Chef Justin

Join us Monday, July 7<sup>th</sup>, at 5pm in the Terrace Room for Table Temptations with Chef Justin!  
Sign Ups and Menu on Cubigo!

## Summer Grilling

Join us on the Terrace Room Patio on Wednesday, July 2<sup>nd</sup> and 9<sup>th</sup> from at 6pm for Summer Grilling

**Appetizer:** Tomato Cucumber & Avocado Salad |GF

**Entrée:** Brown Sugar & Bourbon Flank Steak with Crispy Onions

Grilled Swordfish with Pineapple Slaw |GF

**Accompaniments:** Garlic Chive Potato Purée & Corn on the Cob |GF

**Dessert:** Brownie Hot Fudge Sundae

Reservations Required | Limited Availability  
Sign up on Cubigo today

## Upcoming July Events:

July 1 <sup>st</sup> :	Coffee with Chris, 10:30am
July 3 <sup>rd</sup> :	Iron Chef, 2pm
July 4 <sup>th</sup> :	Independence Day Buffet, 11:30am
July 7 <sup>th</sup> :	Table Temptations, 6pm
July 9 <sup>th</sup> :	Summer Grilling, 6pm
July 11 <sup>th</sup> :	"First" Friday Happy Hour, 4pm
July 15 <sup>th</sup> :	PC Luau Party, 4:30pm

## Take Out and Room Service Hours

You can order from the Bistro, Club or Terrace Room Menus

Take Out Orders are available between the following hours:

**Monday -Saturday:**

**Lunch:** 11:30 am - 2:30 pm

**Dinner:** 4:15 pm, 4:30 pm, 4:45 pm, 5:00 pm,  
5:15 pm, 5:30 pm

**Sunday:** 11:30 am-2:30 pm

**Room Service:** Starting at 5:30 pm Mon-Sat and  
1:00 pm on Sundays.

Please call (484) 220-8316 or  
email [diningorders@thehighlands.org](mailto:diningorders@thehighlands.org).

All Dinner Take Out Orders must be received by 3pm.

Terrace Room Menu only available Tuesday - Saturday

For any discrepancies on TOGO orders please contact the  
Main Kitchen for a correction (484) 220-8317

## Dining Room Hours

### Bistro

No reservations are needed or accepted.

Breakfast: Monday - Saturday 8:00 am – 2:30 pm

Lunch: Monday -Saturday 11:30 am – 2:30 pm

Dinner Buffet \$20.00: Monday- Friday 4:00 – 6:30 pm

Closed Sundays.

### Wyomissing Club Room

Dinner: Monday - Sunday 4:30 – 6:30 pm

Late Night Thursday – Saturday 7:00 pm - 9:00 pm

Sunday Brunch: 11:30 am – 2:30 pm

### Terrace Room

Dinner: Tuesday - Saturday 5:00 pm – 8:00 pm

Sunday Brunch -11:30 am – 2:30 pm

Closed Mondays.

# Weekly Bistro Specials

## Featured Ice Cream Flavors

Rocky Road

Cotton Candy

Ask your server for the current selection of Lactose Free Ice Cream.

## Vegetable of the Week

Bistro and Club Room Vegetable of the Week:

Corn on the Cob

## Available During Bistro Breakfast & Lunch

### MONDAY, JUNE 30<sup>th</sup>

**Special:** *The Highlands Signature  
Smash Burger*

### TUESDAY, JULY 1<sup>st</sup>

**Special:** *Blueberry Pancakes  
with Grilled Ham Steak*

### WEDNESDAY, JULY 2<sup>nd</sup>

**Lunch Special -Pizza Day!**

### THURSDAY, JULY 3<sup>rd</sup>

**Special:** *Chicken Salad with Fried Oysters*

### FRIDAY, JULY 4<sup>th</sup>

**Happy Independence Day!**

*No PM Meal Offered*



# Weekly Dining Menus

## Terrace Room Menu:

JULY 1<sup>st</sup> – 5<sup>th</sup>

### Starters

*Soup of the Day \$2.95 (Bistro Menu)*

*Chopped Salad \$4.00*

*Cous Cous Salad with Summer Vegetables \$4.00*

*Crab Imperial Stuffed Mushrooms with Sherry Wine Sauce \$6.00*

*Almond Breaded Brie with Raspberry Sauce \$6.00*

### Entrees

**Seared Red Snapper |GF \$15.90**

*Red Snapper Fillet with Leeks, Potatoes and Succotash;  
served in a Basil Tomato Cream Sauce*

**Cantonese Sweet & Sticky BBQ Pork Chop |GF \$15.90**

*Served with Shaved Brussels Sprouts and Baked Sweet Potato*

**Summer Steak Salad \$15.90**

*Served over Romaine Lettuce with Grape Tomatoes, Bleu Cheese,  
Croutons, Hard Boiled Egg and Crispy Onions*

### Accompaniments

**Baked Sweet Potato |GF \$1.95**

**Lyonnais Potatoes |GF \$1.95**

**Shaved Brussels Sprouts |GF \$1.95**

**Succotash |GF \$1.95**

### Additional entrees

**Pan Roasted Salmon    Filet of Beef (\$12.00 upcharge)**

### Dessert

**Strawberry Lemon Swirl Tart \$2.50**

**Chocolate Bundt Cake with Ganache \$2.50**

## Club Room Menu

Available: Monday – Friday Dinner

### Starters

*Soup of the Day \$2.95 (Bistro Menu)*

*House Salad \$4.00*

*Caesar Salad \$4.00*

*Fresh Fruit Cup \$4.00*

*Fried Pickles with Ranch Dipping Sauce \$6.00*

### Salad Entrees

**Chicken Apple Walnut |GF \$12.00**

**Shrimp Citrus Crunch Salad |GF \$12.00**

**Steak Caesar Salad |GF \$15.00**

### Sandwiches

**BYO Burger \$7.95**

**Portabella Stack \$7.95**

**Crab Cake Sandwich \$14.00 (\$4.00 upcharge)**

### Entrees

**Pan Seared Salmon \$12.95**

**Parmesan Crusted Cod \$12.95**

**Pork Medallions \$14.00**

**Petit Filet \$16.00 (\$6.00 upcharge)**

**All Three Club Homestyle Dinners**

### Dessert

**Chocolate Covered Strawberry Mousse Cup \$2.50**

**Dessert of the Day (Bistro Dinner) \$2.50**

# Bistro Dinner, Club Homestyle, & Take Out Menu

## SATURDAY, JUNE 28<sup>th</sup>

Wyomissing Club, 4:30-6:30pm  
**Chophouse Night | Reservations Required**  
Steakhouse Wedge Salad |GF \$4.00  
Caramelized Crab Dip \$4.00  
Bone-In Pork Chop, Mushroom Gravy |GF \$13.00  
Pan Seared Rosemary Ribeye |GF \$13.00  
🍷 Shrimp Grain Bowl \$13.00  
Garlic Smashed Redskin Potatoes |GF \$1.95  
Green Beans and Bacon |GF \$1.95  
Roasted Brussels Sprouts |GF \$1.95  
Strawberry Cheesecake \$2.50

## MONDAY, JUNE 30<sup>th</sup>

Chicken Rice Soup |GF \$2.95  
Seafood Bisque |GF \$2.95  
Spinach & Kale Salad |GF \$4.00  
Corn Pie \$10.00  
🍷 Shrimp Scampi \$10.00  
Steak Pizziola |GF \$10.00  
Brown Rice Pilaf |GF \$1.95  
Brussels Sprouts |GF \$1.95  
Roasted Cauliflower |GF \$1.95  
Fresh Strawberry Pie \$2.50  
Lemon Cake \$2.50

## THURSDAY, JULY 3<sup>rd</sup>

Chicken Noodle Soup \$2.95  
Tomato Asiago Soup |GF \$2.95  
Summer Berry Salad |GF \$4.00  
🍷 Chicken Piccata |GF \$10.00  
Sweet and Sour Pork |GF \$10.00  
Salisbury Steak with Gravy \$10.00  
Jasmine Rice |GF \$1.95  
Stir Fry Vegetables |GF \$1.95  
Creamed Peas |GF \$1.95  
Chocolate Peanut Butter Cake \$2.50  
Bread Pudding \$2.50

## SUNDAY, JULY 6<sup>th</sup>

Buffet Service 11:30am-2:30pm | \$20.00  
Sticky Buns, Muffins & Danishes  
Fresh Fruit  
Mixed Berry Green Salad  
Waffle Station  
Baked Ham, *Apricot Sauce* |GF  
Chicken, *Asparagus, Roasted Red Pepper*  
& *Provolone* |GF  
Lemon Baked Cod |GF  
Home Fries, *Peppers and Onions* |GF  
Succotash |GF  
Carrot with Dill |GF  
Bacon |GF & Sausage |GF  
Assorted Desserts

## SUNDAY, JUNE 29<sup>th</sup>

Buffet Service 11:30am-2:30pm | \$20.00  
Muffins, Danishes & Sticky Buns  
Fresh Fruit  
Mixed Greens Salad  
Omelet Station |GF  
Port and Fig Glazed Chicken |GF  
Ginger Peach Pork Roast |GF  
Crab Cake, Key Lime Grain Mustard Aioli  
Gruyere Potato Pancakes |GF  
Asparagus |GF  
Steamed Corn |GF  
Bacon |GF & Sausage |GF  
Assorted Desserts

## TUESDAY, JULY 1<sup>st</sup>

Cream of Broccoli Soup |GF \$2.95  
Chicken Rice Soup |GF \$2.95  
Creamy Cucumber Salad |GF \$4.00  
🍷 Salmon Caribbean Cobb Salad |GF \$10.00  
Chicken Parmesan \$10.00  
Roast Pork w/ Cinnamon Apples |GF \$10.00  
Cappellini Pasta \$1.95  
Wax Beans |GF \$1.95  
Asparagus |GF \$1.95  
Peach Melba \$2.50  
Tapioca Pudding |GF \$2.50

## FRIDAY, JULY 4<sup>th</sup>

**Happy Independence Day!**  
Red, White and Blue Berry Salad |GF  
Grilled Hamburger |GF on a Bun  
Grilled Hot Dog |GF on a Bun  
BBQ Ribs |GF  
Baked Beans |GF  
Macaroni Salad  
Roasted Asparagus |GF  
Corn on the Cob |GF  
Ice Cream Novelties  
Cherry Pie



## Sunday Burgers and More

Wyomissing Club Room 4:30pm to 6:30pm  
**Reservations Required**  
Sweet Potato Salad \$1.95  
Build Your Own Smash Burger \$7.95  
**Featured Smash Burger:**  
**The "Big H"** \$7.95  
1/4 LB Hot Dogs \$6.95  
Grilled Chicken Breast \$6.95  
*Marinated and grilled to perfection.*  
French Fries, Onion Rings or  
Bistro Chips \$1.95  
Ice Cream \$2.50  
*Always Available items not offered.*

## Sunday Burgers and More

Wyomissing Club Room 4:30pm to 6:30pm  
**Reservations Required**  
Sweet Potato Salad \$1.95  
Build Your Own Smash Burger \$7.95  
**Featured Smash Burger:**  
**Cowboy Burger** \$7.95  
1/4 LB Hot Dogs \$6.95  
Grilled Chicken Breast \$6.95  
*Marinated and grilled to perfection.*  
French Fries, Onion Rings or  
Bistro Chips \$1.95  
Ice Cream \$2.50  
*Always Available items not offered.*

## WEDNESDAY, JULY 2<sup>nd</sup>

Tomato Asiago Soup |GF \$2.95  
Cream of Broccoli Soup |GF \$2.95  
Caesar Salad \$4.00  
Lasagna w/ Meat Sauce \$10.00  
🍷 Seafood Newburg Pastry \$10.00  
Turkey Cutlets, *Wild Mushroom Cream*  
*Sauce* |GF \$10.00  
Cous Cous \$1.95  
Green Beans |GF \$1.95  
Broccoli |GF \$1.95  
Strawberry Shortcake \$2.50  
Frosted Orange Cake \$2.50

## SATURDAY, JULY 5<sup>th</sup>

Wyomissing Club, 4:30-6:30pm  
**Reservations Required**  
Italian Wedding Soup \$2.95  
Antipasto Salad |GF \$4.00  
Caprese Stuffed Garlic Portabellas |GF \$13.00  
🍷 Chicken Caesar Salad \$13.00  
Pesto Penne with Shrimp \$13.00  
Garlic Mashed Potatoes |GF \$1.95  
Zucchini & Tomato |GF \$1.95  
Italian Green Beans |GF \$1.95  
Tiramisu \$2.50  
Chocolate Chip Cookies \$2.50

### Always Available

Applesauce GF, House Salad GF,  
Fresh Fruit GF  
Chicken Apple Walnut Salad GF  
Pan Seared Salmon GF, Baked Chicken GF,  
Whipped, Baked & Sweet Potatoes  
**Desserts:** Angel Food Cake, Hand Fruit  
(apple, banana, orange)  
🍷 =Lower Fat, Lower Sodium  
GF=Gluten Friendly  
Vegetable of the Week: Corn on the Cob