

Announcements & Events

International Wine Pairing Event

Join us on the Personal Care Patio on Wednesday, October 1st at 4pm as we travel through multicultural wine and culinary pairings inspired by Argentina, Japan, France and more.

Residents will be charged \$45.00 for the event on their monthly statement. Meal Membership Credit and Declining Balance Wallet cannot be charged for this event.

Limited Space | Sign up today on Cubigo

Summer Grilling

Join us on the Terrace Room Patio on Wednesday, September 17th and 24th at 6pm for Summer Grilling.

Appetizer: Goat Cheese and Mixed Berry Bruschetta Crostini

Entrée: Grilled Rib Eye with Bleu Cheese Butter |GF or Sicilian Grilled Tuna Steak with Tomatoes, Olives & Capers |GF

Accompaniments: Parmesan Chive Whipped Potatoes |GF & Grilled Asparagus |GF

Dessert: Cheesecake with Melba Sauce

Reservations Required | Limited Availability
Sign up on Cubigo today.

Late Night with Matt Miskie

Join us in the Wyomissing Club Room on Friday, September 19th at 7pm for a musical performance by Matt Miskie.

Reservations required. Late Night Menu will be offered featuring the Highland's Signature Smash Burger.

Cubigo Table Reservations

When placing a Table Reservation Request through Cubigo, it is important all residents look to see the request was confirmed.

If the request is denied, the resident liaison will utilize the comments feature to offer the next best available time slot. It is recommended all residents enable "push notifications" from the Cubigo App for prompt communication when a request is confirmed or denied.

Cubigo Online Ordering

With a new update from Cubigo, all partnered accounts now have the ability to order for their spouse.

When placing an order, a drop down box will appear to select which account the Meal Membership Credit will charge to.

Upcoming September Events:

September 15th: Birthday Celebration (Invitation Only), 5pm

September 17th: Summer Grilling, 6pm

September 19th: Late Night with Matt Miskie, 7pm

September 23rd: Coffee with Chris, 10:30am

September 24th: Summer Grilling, 6pm

Take Out and Room Service Hours

You can order from the Bistro, Club or Terrace Room Menus

Take Out Orders are available between the following hours:

Monday -Saturday:

Lunch: 11:30 am - 2:30 pm

Dinner: 4:15 pm, 4:30 pm, 4:45 pm, 5:00 pm,
5:15 pm, 5:30 pm

Sunday: 11:30 am-2:30 pm

Room Service: Starting at 5:30 pm Mon-Sat and
1:00 pm on Sundays.

Please call (484) 220-8316 or
email diningorders@thehighlands.org.

All Dinner Take Out Orders must be received by 3pm.

Terrace Room Menu only available Tuesday - Saturday

For any discrepancies on TOGO orders please contact the
Main Kitchen for a correction (484) 220-8317

Dining Room Hours

Bistro

No reservations are needed or accepted.

Breakfast: Monday - Saturday 8:00 am – 2:30 pm

Lunch: Monday -Saturday 11:30 am – 2:30 pm

Dinner Buffet **\$20.00:** Monday- Friday 4:00 – 6:30 pm

Closed Sundays.

Wyomissing Club Room

Dinner: Monday - Sunday 4:30 – 6:30 pm

Late Night Thursday – Saturday 7:00 pm - 9:00 pm

Sunday Brunch: 11:30 am – 2:30 pm

Terrace Room

Dinner: Tuesday - Saturday 5:00 pm – 8:00 pm

Sunday Brunch -11:30 am – 2:30 pm

Closed Mondays.

Weekly Bistro Specials

Featured Ice Cream Flavors

Praline Pecan

Peanut Butter Cup

Ask your server for the current selection of Lactose Free Ice Cream.

Vegetable of the Week

Bistro and Club Room Vegetable of the Week:
Cauliflower

Available During Bistro Breakfast & Lunch

MONDAY, SEPTEMBER 15th

Special: *Hot Roast Beef Sandwich
with Fries and Gravy*

TUESDAY, SEPTEMBER 16th

Special: *Chocolate Chip Pancakes
with Scrapple*

WEDNESDAY, SEPTEMBER 17th

Lunch Special -Pizza Day!

THURSDAY, SEPTEMBER 18th

Special: *BBQ Cheddar Ranch
Smash Burger*

FRIDAY, SEPTEMBER 19th

Special: *French Toast with Bananas and Bacon*

Weekly Dining Menus

Terrace Room Menu:

SEPTEMBER 16th – 20th

Starters

*Soup of the Day \$2.95 (Bistro Menu)
Chopped Salad |GF \$4.00
Cranberry Apple Quinoa Salad \$4.00
Arancini with Tomato Basil Sauce \$6.00
Mussels Marinara with Croustade \$6.00*

Entrees

Orange Roughy Meunière |GF \$15.90

*Butter poached Orange Roughy; served with Roasted Sweet
Potatoes with Cinnamon and Honey Butter and
Orange Glazed Beets*

Chicken Pie \$15.90

*Creamy Chicken and Vegetables baked in a casserole with a golden
brown crust; served with Green Beans Almondine.*

Beef Pot Roast with Gravy |GF \$15.90

Served with Whipped Potatoes and Green Beans Almondine.

Accompaniments

Whipped Potatoes |GF \$1.95
Roasted Sweet Potatoes, Cinnamon, and Honey Butter |GF \$1.95
Green Beans Almondine |GF \$1.95
Orange Glazed Beets |GF \$1.95

Additional entrees

Pan Roasted Salmon **Filet of Beef (\$12.00 upcharge)**

Dessert

Caramel Apple Tart \$2.50
Black Forest Cake \$2.50

Club Room Menu

Available: Monday – Friday Dinner

Starters

*Soup of the Day \$2.95 (Bistro Menu)
House Salad |GF \$4.00
Caesar Salad \$4.00
Fresh Fruit Cup |GF \$4.00
Southwest Chicken Quesadilla \$6.00*

Salad Entrees

Chicken Apple Walnut |GF \$12.00
Shrimp Citrus Crunch Salad |GF \$12.00
Steak Caesar Salad |GF \$15.00

Sandwiches

BYO Burger \$7.95
Portabella Stack \$7.95
Crab Cake Sandwich \$14.00 (\$4.00 upcharge)

Entrees

Pan Seared Salmon \$12.95
Parmesan Crusted Cod \$12.95
Pork Medallions \$14.00
Petit Filet \$16.00 (\$6.00 upcharge)
All Three Club Homestyle Dinners

Dessert

Lemon Crunch Pie \$2.50
Dessert of the Day (Bistro Dinner) \$2.50

Bistro Dinner, Club Homestyle, & Take Out Menu

SATURDAY, SEPTEMBER 13th

Wyomissing Club, 4:30-6:30pm

Reservations Required

Chicken Noodle \$2.95

Wedge Salad |GF \$4.00

Honey Garlic Pork Chop |GF \$10.00

Chili Con Carne |GF \$10.00

Steamed Rice |GF \$1.95

Scalloped Apples |GF \$1.95

Peas and Onions |GF \$1.95

Apple Brown Betty \$2.50

SUNDAY, SEPTEMBER 14th

Buffet Service 11:30am-2:30pm | \$20.00

Sticky Buns, Muffins & Danishes

Fresh Fruit

Kale and Green Salad with

Butternut Squash |GF

Omelet Station |GF

Pit Ham, *Peach Chutney*

Chicken Piccata

Bourbon Glazed Salmon

Hashbrown Casserole

Buttered Corn and Red Pepper |GF

Bacon |GF & Sausage |GF

Assorted Desserts

Sunday Burgers and More

Wyomissing Club Room 4:30pm to 6:30pm

Reservations Required

Creamy Coleslaw \$1.95

Highland's Signature Smash Burger \$7.95

Featured Smash Burger:

American Smash Burger \$7.95

Boneless Wings with BBQ or Ranch \$6.95

¼lb Coney Island Hot Dog \$6.95

French Fries, Onion Rings or

Bistro Chips \$1.95

Ice Cream \$2.50

Always Available items not offered.

MONDAY, SEPTEMBER 15th

Lentil Soup \$2.95

Cream of Mushroom Soup |GF \$2.95

Broccoli Slaw |GF \$1.95

Teriyaki and Apricot Pork |GF \$10.00

Cheese Ravioli, *Marinara* \$10.00

🍎 Chicken Pot Pie \$10.00

Fried Rice |GF \$1.95

Caramelized Cauliflower |GF \$1.95

Italian Green Beans |GF \$1.95

Cookies and Cream Pie \$2.50

Butterscotch Pound Cake \$2.50

TUESDAY, SEPTEMBER 16th

Mushroom Barley Soup \$2.95

Lentil Soup \$2.95

Spinach Salad, *Hot Bacon Dressing* |GF \$1.95

Tuna Noodle Casserole \$10.00

Swiss Steak |GF \$10.00

🍎 Asiago Chicken |GF \$10.00

Orzo Pilaf \$1.95

Roasted Parsnips |GF \$1.95

Breaded Zucchini \$1.95

Pumpkin Spice Cake \$2.50

Fruit of the Forest Pie \$2.50

WEDNESDAY, SEPTEMBER 17th

Cream of Asparagus Soup |GF \$2.95

Mushroom Barley Soup \$2.95

Corn Salad, *Bacon & Honey* |GF \$4.00

Brisket, *Caramelized Onions* |GF \$10.00

Chicken Scallopini |GF \$10.00

🍎 Swedish Meatballs \$10.00

Buttered Noodles \$1.95

Stewed Tomatoes |GF \$1.95

Sauteed Spinach |GF \$1.95

Chocolate Cake \$2.50

Peach Crumb Pie \$2.50

THURSDAY, SEPTEMBER 18th

Pepper Pot Soup |GF \$2.95

Cream of Asparagus Soup |GF \$2.95

Carrot Raisin |GF \$4.00

Slider Burgers \$10.00

Vegetable Primavera \$10.00

🍎 Brown Sugar Baked Ham |GF \$10.00

Au Gratin Potatoes \$1.95

French Green Beans |GF \$1.95

Dilled Carrots |GF \$1.95

German Chocolate Cake \$2.50

Kitchen Sink Blondies \$2.50

FRIDAY, SEPTEMBER 19th

Action Station: Hot Dog Bar

New England Clam Chowder |GF \$2.95

Pepper Pot Soup |GF \$2.95

Cranberry Apple Quinoa Salad |GF \$1.95

🍎 Chicken Cordon Bleu \$10.00

Sole Meuniere |GF \$10.00

Kielbasa |GF \$10.00

Haluski |GF \$1.95

Buttered Corn |GF \$1.95

Mixed Vegetables |GF \$1.95

Apple Spice Cake \$2.50

Gingersnaps \$2.50

SATURDAY, SEPTEMBER 20th

Wyomissing Club, 4:30-6:30pm

Reservations Required

New England Clam Chowder |GF \$2.95

Coleslaw |GF \$1.95

Sausage Sandwich, *Peppers and Onions* \$10.00

🍎 Parmesan Crusted Tilapia \$10.00

Wild Rice |GF \$1.95

Honey Balsamic Brussels Sprouts |GF \$1.95

Baby Carrots |GF \$1.95

Hummingbird Cake \$2.50

SUNDAY, SEPTEMBER 21st

Buffet Service 11:30am-2:30pm | \$20.00

Sticky Buns, Muffins & Danishes

Fresh Fruit

Pear Walnut Salad |GF

Waffle Station

Maryland Crab Cakes

Spinach Mushroom Asiago Frittata |GF

Chicken Saltimbocca |GF

Vegetable Medley |GF

Roasted Root Vegetables |GF

Bacon |GF & Sausage |GF

Assorted Desserts

Sunday Burgers and More

Wyomissing Club Room 4:30pm to 6:30pm

Reservations Required

Amish Macaroni Salad \$1.95

Highland's Signature Smash Burger \$7.95

Featured Smash Burger:

Pizza Smash Burger \$7.95

Boneless Wings with BBQ or Ranch \$6.95

¼lb Mexican Hot Dog, *Salsa & Cheese* \$6.95

French Fries, Onion Rings or

Bistro Chips \$1.95

Ice Cream \$2.50

Always Available items not offered.

Always Available

Applesauce GF, House Salad GF,

Fresh Fruit GF

Chicken Apple Walnut Salad GF

Pan Seared Salmon GF, Baked Chicken GF,

Whipped, Baked & Sweet Potatoes

Desserts: Angel Food Cake, Hand Fruit

(apple, banana, orange)



=Lower Fat, Lower Sodium

GF=Gluten Friendly

Vegetable of the Week:

Cauliflower