



The Highlands Happenings

Friday, December 12



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Department & Service Hotlines

Front Desk

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Lab Courier

(484) 220-8268

Certified Registered Nurse Practitioner

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Dining Services Hotline

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Transportation Hotline

transportation@thehighlands.org, (484) 220-8319

Salon & Spa

(484) 220-8569

Podiatry

(610) 376-4880

IT Concierge

(484) 220-8343

Dermatology

(877) 345-5300

Maintenance Hotline

maintenance@thehighlands.org, (484) 220-8302

Support Services Hotline

housekeeping@thehighlands.org, (484) 220-8290

Residential Living Hotline

programming@thehighlands.org, (484) 220-8268

Happy Birthday

Community News

IMPORTANT: Program Updates

1. Holiday Light Tour

- a. We have added an additional Holiday Light Tour that will leave at 5:00 p.m. on Monday, December 22. Registration is required and opens at 9:00 a.m. on Monday, December 15

2. Menorah Lighting

- a. Rabbi Ted Prosnitz from Keshet Zion Synagogue will be here at The Highlands on Sunday, December 14, at 4:00 p.m. for the lighting of the Menorah for the 1st night of Hannukah.
- b. There will be another symbolic lighting of the Menorah on Wednesday, December 17, at 11:00 a.m. by Rabbi Brian Michelson of Reform Congregation Oheb Shalom. Both Menorah lighting ceremonies will take place in the Rotunda.

3. Olivet Concert

- a. Added to the holiday program schedule is a guitar and vocal musical performance by youth enrolled in the Olivet Boys & Girls Club of Reading and Berks County Center for the Arts. The performance is Monday, December 22 at 4:00 p.m. in the Cultural Center.

Endowment Fund Concert Featuring Jonathan Burns

Join us on **Sunday, December 21st at 4:30 p.m.** in the Cultural Center for a spectacular evening of entertainment, followed by a special dinner.

Tickets are \$100 per person with proceeds benefiting the Highlands Endowment Fund.

Formal invitations and RSVP details have been mailed out to residents. **Complete and return your response card to the locked drop box in the resident mail room by Monday, December 15.**

See Cameron Martin if you need another RSVP.

We are delighted to welcome **Jonathan Burns** as our featured performer — a world-renowned comedian, magician, and contortionist known for his witty, wildly imaginative, and wonderfully unexpected performances. Jonathan has amazed judges on *America's Got Talent*, baffled Penn & Teller on *Fool Us*, and dazzled audiences on *The Late Show* and *The Late Late Show*. Hailed by *The New York Times* as “**extremely funny**” and honored as **Variety Artist of the Year — three times**, Jonathan promises a performance full of laughter, astonishment, and unforgettable surprises. Prepare for an evening you won't want to miss!

The Highlands Holiday Cookie Recipes and Cookbook

Share the sweetness of the season by contributing to **The Highlands Holiday Cookie Cookbook!**

Your treasured family recipe could become a new community favorite! Submit recipes **throughout the month of December to the drop box at the Resident Services Suite**. When submitting, please include your name and a little *why, what, or who* “memory” message about your cookie recipe and how it makes you think of family or sentimental traditions.

A cookbook with all recipes will be printed and made available in early January and for next holiday season.

Community News

Holiday Spirit Days – December

December 22 – Wear Blue & White for Hanukkah

December 23 – Wear Holiday Headgear & Socks

December 24 – Wear Red & Green

Veterans Project

6th graders at Governor Mifflin Intermediate School are conducting a research project and would like to interview veterans via video recording to be scheduled for January and February (after the holidays). The final project will result in a documentary film to be created. If you are a veteran and would like to participate in this project or would like to know more information, you should call (484) 706-2353.

The Search for *McJingles* is On – December 1st through 24th

McJingles the Elf has returned to The Highlands for the holiday season! Each day, residents are invited to search the campus for his new hiding spot as he gets up to festive mischief. Join the fun and see if you can spot *McJingles* each day before he heads back to the North Pole on December 24!

Join in for this whimsical tradition of physical activity to help burn the extra holiday calories!

McJingles the elf is very mysterious and full of mischief this year and doesn't want to be tracked. You do not have to report where the elf has been hiding. Thanks, and have fun!

Highlands Clubs

Information about resident-led Community Clubs can be found on the bulletin board in the main Mail Room and on the Activities cube in Cubigo. Open Cubigo > go to the Activities cube > scroll down to Club Information to access the PDF file listing: the club, resident contact (leader), and dates and times scheduled.

Correction

The Endowment Fund Concert featuring Jonathan Burns has been advertised in the Highlands Happenings the last few weeks as being held on Saturday, December 21st at 4:30 p.m. The date of December 21st is correct. However, the 21st is Sunday (not Saturday). We apologize for the confusion.

Program Schedule Changes

Marbles Activity at 7:00 p.m. on Friday, December 12 will be in the Bistro due to the Grace & Mercy Handbell Concert that will be performing in the Cultural Center at that same time.

The 2:00 p.m. Matinee Movie on Sunday, December 21 will not be shown due to the Endowment Fund Concert and Dinner needing to be set up for later that evening.

January ENGAGE Book of Programs

The ENGAGE Wellness Book cataloging January 2026 programs will be distributed via mail to all residents on Monday, December 15. This program booklet will be the first time revealing the new monthly chronological format. We thank all residents who provided feedback that led to these improvements.

Registration opens at 9:00 a.m. on Monday, December 15 for most programs requiring registration. You may register using Cubigo (*preferred method*) or by calling the Programming Hotline (484) 220-8268.

The February 2026 ENGAGE Wellness Book will be released on Thursday, January 15.

Registration Required

<i>Event</i>	<i>Date</i>	<i>Opens</i>	<i>Closes</i>	<i>Cost</i>	<i>Spots Remaining</i>
Holiday Light Tour	12/17	Open	12/17	-	Wait List
Bird-in-Hand Lunch & Show	12/20	Open	12/16	\$67 (adult) \$42 (child)	10
Endowment Fund Concert & Dinner	12/21	Open	12/15	\$100.00	Unlimited
Holiday Light Tour	12/22	12/15	12/22	-	19

Week At A Glance

Saturday, December 13

3:00pm	Lancaster Wheatland Chorale	OT
7:00pm	The Nutcracker (1986)	CCB

Sunday, December 14

2:00pm	The Nutcracker (1986)	CCB
4:00pm	1 st Day of Hanukkah Ceremony	Rotunda

Monday, December 15

9:00am	Yoga Flow	FCG
9:00am	Supervised Gym	FCG
10:00am	Sports Talk	CCA
10:00am	Arthritis Ability	FS
10:30am	Tech-Topic CANCELED	CCA
11:00am	Supervised Swim	FCP
11:00am	The Great Courses	CCB
7:00pm	Highlands Holiday Sing-Along	CC

Tuesday, December 16

9:00am	Bone Builders	FS
10:00am	12 Days of Christmas Exercise	FS
10:00am	Aqua Zumba	FCP
10:30am	Coffee with Chris	TR
11:00am	Community Connect-Care Navigator	TR
1:00pm	Qigong	FS
2:00pm	Bean Bag Baseball	CCB
7:00pm	Wyomissing Band	CC

Wednesday, December 17

8:00am	Stand n' Drum	FS
9:00am	Arthritis Ability	FS
10:00am	SMARTfit	FCG
11:00am	Menorah Lighting Ceremony	Rotunda
1:30pm	Line Dancing	FS
2:00pm	Chapel Service	CC
3:30pm	Greater Reading Encore Chorale	CC
5:00pm	Holiday Light Tour	TC

Thursday, December 18

9:00am	Coffee & Conversation	ML
9:00am	Bone Builders	FS
10:00am	Zumba Gold	FS
11:00am	Sea Sculpt	FCP
1:00pm	Pilates	FS
4:00am	Christmas Songs & Piano	ML

Friday, December 19

9:00am	Fists of Fury	FS
10:00am	Shopping Loop	TC
11:00am	The Great Courses	CCB
2:00pm	History of Christmas Carols	CC

Saturday, December 20

10:00am	Bird-in-Hand Lunch & Show	TC
7:00pm	Miracle on 34th Street (1947)	CCB

Sunday, December 21

2:00pm	Matinee Movie CANCELED	CCB
4:30pm	Endowment Fund Concert/Dinner	CC

Monday, December 22

9:00am	Yoga Flow	FS
9:00am	Supervised Gym	FCG
10:00am	Sports Talk	CCA
10:00am	Arthritis Ability CANCELED	FS
11:00am	The Great Courses	CCB
11:00am	Supervised Swim	FCP
4:00pm	Olivet Boys & Girls Club Music	CC
5:00pm	Holiday Light Tour	TC

Room Locations (Key):

B = Bistro
 BR = Billiards Room
 CC = Cultural Center
 FCG = Gym
 FCP = Pool
 FG = Fitness Garden
 FS = Fitness Studio
 IR = Iris Room
 LR=Library
 ML = Main Lounge
 MR = Meditation Room
 PCP = Personal Care Patio
 OT = Other
 PG = Putting Green
 PR = Parlor
 RC = Resident Clinic
 RSS= Resident Services Suite
 TC = Transportation
 TR = Terrace Room
 WR = Wyomissing Club Room



*The Highlands Happenings is distributed by Resident Services.
Questions related to the Highlands Happenings, or its contents should be directed to 484-220-8268.*