



The Highlands Happenings

Friday, April 25



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ENGAGE Wellness

The Highlands at Wyomissing® is dedicated to fostering a wellness-centered lifestyle that empowers senior adults to embrace life to its fullest. Our comprehensive care offerings are designed to cater to all levels of needs, incorporating specialized programming that prioritizes the six dimensions of well-being, including:

- Emotional – mindful support
- Spiritual – seek meaningful connections
- Nutritional – make good food choices
- Physical – stay active
- Intellectual – keep your brain sharp
- Social – make connections

Highlands Hotlines

Front Desk
(610) 775-2300

Salon & Spa
(484) 220-8569

IT Concierge Service
(484) 220-8343

Programming Hotline
programming@thehighlands.org
(484) 220-8268

Maintenance Hotline
maintenance@thehighlands.org
(484) 220-8302

Dining Services Hotline
diningorders@thehighlands.org
(484) 220-8316

Support Services Hotline
housekeeping@thehighlands.org
(484) 220-8290

Notification of Absence Hotline
absence@thehighlands.org
(610) 775-2300

Xfinity/Comcast Support
(855) 638-2855

Physician Services

Podiatry
(610) 376-4880
Odd Thursdays

Lab Courier
484-220-8268
Every Wednesday

Dermatology
(877) 345-5300
1st Wednesday

Laura Vedder PA
(717) 738-2468
3rd Tuesdays

Happening at The Highlands

Happy Birthday

Community News

TEACHER APPRECIATION GATHERING

The Highlands would like to honor the residents who made their career in the educational world for a gathering of all educators on May 8th at 11:30 a.m. in the Cultural Center. We would like to share thoughts with each other about the world of education when we worked, along with changes that have been made during our retirement years. One of the goals of this gathering is to get to know fellow resident educators. We also hope to consider further gatherings to "brainstorm" ways we can make positive differences for children and school employees in Berks County and beyond. We look forward to meeting educators and honoring the years of service given to help children become the future workforce and providers of the future. A buffet luncheon will be served at the cost of \$10.00 (meal credit, declining balance, on account accepted)

Menu:	Mediterranean Pasta Salad	Italian Sandwich with Garlic Aioli on Focaccia
	Spring Roasted Vegetable Farro Salad	Dessert Bar
	Chicken Caprese on Ciabatta	Ice Tea and Lemonade
	Tuna Salad Spinach, Tomato Wrap	

THE HIGHLANDS GAMES

Announcing the 1st annual Highlands Games! For the whole month of June, various sporting games will be scheduled and played, including Putting, Shuffleboard, Cornhole, SMARTfit, Beanbag Baseball, and Bocce. Bring your competitive spirit and have fun during this new event. An awards ceremony luncheon will take place at the end of June for everyone who participated in The Highlands Games. This is a tremendous opportunity to discover new interests, make new acquaintances, and be active. We hope you will take part in helping to make these inaugural competitive Highlands Games a fun tradition! Registration will open for all games on April 28 and close on May 16.

2025 ANNUAL COMMUNITY IMPACT SYMPOSIUM – Keynote Dr. George Demiris

The Highlands at Wyomissing® will be hosting our annual Community Impact Symposium on Friday, May 16th from 8:30 – 11:30 a.m. This year's symposium will feature a keynote by Dr. George Demiris from the University of Pennsylvania School of Nursing, a national leader in the intersection of aging and technology. His talk will explore how artificial intelligence (AI) can enhance personalized care, predict health outcomes, and support daily living for older adults – driving innovation across the aging services field. This event is a unique opportunity to learn about transformative developments that are shaping the future of aging. Residents interested in attending can register on Cubigo or by calling 484-220-8268.

RESIDENT SERVICES DROP BOX

Residential Services is pleased to announce the installation of a drop box within the Resident Services Suite. This drop box is confidential and located just outside the Life Enrichment Coordinator's office. Residents can drop off messages, confidential documents, advanced directives, and other communications for any member of Resident Services (Fitness Coordinator, Life Enrichment Coordinator, Social Services Coordinator, & Director of Community Life and Engagement)

COMMUNITY CONNECTION:

Week of April 27th

- Activity Advisory Committee (4/28)

Community News

DAILY ASSURANCE CHECKS

In our ongoing effort to enhance efficiency, leverage technology, and improve risk management, we are implementing improvements to our daily wellness check system through the Cubigo platform. These enhancements are expected to improve the resident experience, increase staff efficiency, and provide more accurate wellness monitoring. Starting May 1, 2025, we will pilot this new system, with a full launch on June 1, 2025. The current door tabs will be permanently phased out. Participation is voluntary.

What This Means for Residents:

- All residential residents can participate in the updated daily wellness checks.
- Instructions will be provided on how to opt out if desired.
- Every morning, year-round, Cubigo will send an automatic wellness prompt.
- Responses from both systems will be logged in real time, allowing for faster follow-ups.
- Starting at 12:00 p.m. daily, residents who haven't responded will be contacted. Follow-up procedures remain unchanged and will be completed by 4:00 p.m. each day, with results recorded per our retention policy.

Should you have any questions, please feel free to contact Jared Martz at 484-220-8265 or martzj@thehighlands.org.

AUTOMATED PHONE SYSTEM

After receiving feedback regarding long wait times when the Front Desk line is busy, we evaluated ways to improve the phone experience. To address the issue of unanswered calls, we will implement an automated phone system starting May 1, 2025. This new system will ensure that calls are answered promptly and directed to the appropriate department or person, improving communication efficiency and reducing wait times. In cases of true emergencies, residents should be utilizing their pull cord(s) and/or calling 911 for true emergencies.

Automotive System Options:

- | | |
|-----------------------|------------------------|
| 1. Nursing Care | 5. Maintenance |
| 2. Personal Care | 6. Support Services |
| 3. Residential Living | 7. Sales and Marketing |
| 4. Dining Services | |

EXTENDED ABSENCES – PERMISSION TO ENTER

Following a recent water leak incident during a resident's extended absence, we are updating our policy to better protect resident homes and the integrity of the campus. Beginning May 1, 2025, Maintenance staff will conduct routine checks in all residences under a Notice of Absence (NOA) longer than seven days, regardless of prior permission-to-enter status. These visits are intended only to identify and address any maintenance or safety issues. Should you have any questions, please feel free to contact Jared Martz at 484-220-8265 or martzj@thehighlands.org.

GIFT SHOP – GREETING CARDS – UPDATE

- The current 5 for \$1.00 sale will end on Sunday, April 27, 2025
- Beginning Monday, April 28, 2025, our new stock of greeting cards will be displayed and be sold for \$1.00 each.

Registration Required

Residents can register in Cubigo or by calling 484-220-8268.

READING SYMPHONY ORCHESTRA (Shuttle Transportation)

Register today for transportation to the RSO Concert.

Classics 5 | Andrew Constantine, Conductor | Featuring Joffrey Studio Company

Get ready for an electrifying collaboration between the RSO and the Joffrey Studio Company from Chicago's world-renowned Joffrey Ballet! Expect a performance that is bound to enchant audiences, offering numerous delightful surprises throughout the journey.

Registration Opens / Closes: Monday, March 31 at 9:00 a.m. / Friday, April 25 at 12:00 p.m.

Event Date: Saturday, April 26 | Shuttle #1 at 6:05 p.m. and Shuttle #2 at 6:45 p.m. | Transportation Center

** Transportation charge is \$12.50, maximum 14 people per shuttle*

TABLE TEMPTATIONS WITH CHEF JUSTIN

MENU – Appetizer: Steamed Mussels in Tomato Broth | Entrée: Chilean Seabass | Accompaniments: Lobster Risotto Cake; Lemon Garlic Asparagus | Dessert: Chilean Mixed Berry Kuchen

Registration is currently full. There is no wait list.

Event Date: Monday, April 28 | 5:00 p.m. | Terrace Room

Cost: One Meal Credit +\$25.00 Upcharge | \$45.00 Declining Balances

BINGO

Grab a friend and come win some prizes as you shout BINGO! Bingo is a game of chance in which each player matches the numbers printed in different arrangements on cards.

Registration Opens / Closes: Open Now / No Deadline

Event Date: Thursday, May 1 | 7:00 p.m. | Cultural Center Side A

Note: The April 18th edition of The Happenings (Future At A Glance section) advertised Bingo as also happening Thursday, May 8, which is inaccurate. Bingo is offered once a month and will be May 1st only.

Cost: A \$3.00 fee will be charged to your resident account.

COOKING WITH KEVIN

Join us for a fun and interactive cooking experience hosted by our CEO! Each session features a special guest Sous Chef, adding an extra layer of excitement as we prepare delicious dishes together. Whether you're a seasoned chef or just starting out, this program is a great way to learn new cooking tips, enjoy tasty food, and connect with others. Don't miss out on this unique experience – we look forward to cooking with you!

Registration Opens / Closes: Open Now / No Deadline

Event Date: Thursday, May 8 | 3:30 p.m. | Cultural Center Side B

Cost: \$3.00 (Wine)

ALVERNIA SENIORS COLLEGE: ART IN HER HEART BRUSHED ASIDE: A LOOK AT WOMEN ARTISTS (5/6 & 5/13 Sessions) * Registration includes both dates.

Until recently, art history in the West has largely ignored women artists, but recognition of women as artists is growing. We will trace the history of women artists in Western culture and will concentrate on the place of women in the Pre-Raphaelite artistic movement and other modern art endeavors.

Registration Opens / Closes: Monday, March 31 at 9:00 a.m. / Friday, May 23 at 12:00 p.m.

Event Date: Tuesday, May 6 *and* Tuesday, May 13 | 10:30 a.m. | Transportation Center

Registration Required

Residents can register in Cubigo or by calling 484-220-8268.

SAUCONY CREEK BREWING CO.

Saucony Creek Brewing Company is an award-winning microbrewery located in Kutztown, Pennsylvania. The word Saucony (pronounced "SAW-CON-NEE") comes from the Lenni Lenape Native American word "saconk," meaning "where two rivers run together". Our on-site water well is fed via the Saucony Creek aquifer. Founded in 2013, they continue to grow and explore the limits of brewing craft beer and preparing unique and flavorful cuisine at their pub locations in Kutztown and Reading.

Registration Opens / Closes: Monday, April 14 at 9:00 a.m. / Tuesday, May 6 at 12:00 p.m.

Event Date: Wednesday, May 7 | 11:30 a.m. | Saucony Creek Brewing Co - Reading

Arrive at Transportation Center by 11:00 a.m. if using The Highlands transportation.

Cost: \$10.00 transportation charge

TEACHER APPRECIATION GATHERING

The Highlands would like to honor the residents who made their career in the educational world for a gathering of all educators. We would like to share thoughts with each other about the world of education when we worked, along with changes that have been made during our retirement years.

One of the goals of this gathering is to get to know fellow resident educators. We also hope to consider further gatherings to "brainstorm" ways we can make positive differences for children and school employees in Berks County and beyond. We look forward to meeting educators and honoring the years of service given to help children become the future workforce and providers of the future.

Registration Closes: Friday, May 2 at 12:00 p.m.

Event Date: Thursday, May 8 | 11:30 a.m. | Cultural Center B

Cost: \$10.00 buffet luncheon (meal credit, declining balance, or account)

COOKING CREATIONS

Join us in the Iris Room for a delightful hands-on culinary experience!

Our talented chefs from dining will guide you through the process of creating delicious dishes. Each session, the chef will demonstrate the item being made, and you'll get the chance to make it yourself alongside them. Please note: This program is limited to 10 individuals per session, and registration is required. Don't miss out on this unique opportunity to enhance your cooking skills and enjoy some delectable creations!

Registration Opens / Closes: Monday, April 14 at 9:00 a.m. / Tuesday, May 6 at 12:00 p.m.

** Limited to 10 participants*

Event Date: Wednesday, May 7 | 1:30 p.m. | Iris Room

COMMUNITY IMPACT SYMPOSIUM: Innovative AI Technologies to Support Aging

This premier event will feature Dr. George Demiridis from the University of Pennsylvania School of Nursing, an expert in the intersection of aging and technology. His keynote will explore how artificial intelligence (AI) can support healthy aging by enhancing personalized care, predicting health outcomes, and improving daily living for older adults. AI-driven innovations such as smart home technology, health monitoring tools, and cognitive support applications have the potential to foster greater independence, reduce healthcare costs, and improve the overall quality of life for seniors. This symposium offers a unique opportunity to learn about these transformative advancements and highlights your organization's commitment to innovation in aging services.

Registration Opens / Closes: Open Now / No Deadline

Event Date: Friday, May 16 | 9:00 a.m. | Cultural Center

Week At A Glance

Saturday, April 26

6:05pm	RSO Shuttle #1	TC
6:45pm	RSO Shuttle #2	TC
7:00pm	Oklahoma (1999)	CCB

Sunday, April 27

2:00pm	Oklahoma (1999)	CCB
3:00pm	Wheatland Chorale (carpool)	TC

Monday, April 28

9:00am	Yoga Flow	FS
9:00am	Supervised Gym	FCG
10:00am	Sports Talk	IR
10:00am	Arthritis Ability	FS
11:00am	The Great Courses	CCB
11:00am	Supervised Swim	FCP
1:30pm	Chorus	CCA
3:15pm	Bells	CCA
5:00pm	Table Temptations (Chef Justin)	TR

Tuesday, April 29

8:00am	Putting League Tournament	PG
9:00am	Bone Builders	FS
10:00am	Aqua Zumba	FCP
1:00pm	Qigong	FS
7:00pm	Opera Arias	CC

Wednesday, April 30

8:00am	Stand n' Drum	FS
9:00am	Arthritis Ability	FS
10:00am	SMARTfit	FCG
1:30pm	Line Dancing	FS
2:00pm	Chapel Service	CC

Thursday, May 1

9:00am	Bone Builders	FS
10:00am	Knit and Crochet Connection	PR
10:00am	Zumba Gold	FS
11:00am	Sea Sculpt	FCP
1:00pm	Pilates	FS
1:00pm	Meet Your Four-Legged Pet	CCB
7:00pm	Bingo	CCA

Friday, May 2

9:00am	Cardio Blast	FS
10:00am	Shopping Loop	TC
11:00am	The Great Courses	CCB
1:00pm	Chorus Rehearsal	CCA
2:00pm	Wyomissing Library	LR
2:00pm	Bocce	CC
6:45pm	Friends of Chamber Transport	TC

Saturday, May 3

7:00pm	The Bucket List (2008)	CCB
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Sunday, May 4

2:00pm	The Bucket List (2008)	CCB
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Monday, May 5

9:00am	Yoga Flow	FS
9:00am	Supervised Gym	FCG
10:00am	Sports Talk	WR
10:00am	Arthritis Ability	FS
11:00am	The Great Courses	CCB
11:00am	Supervised Swim	FCP
2:00pm	Chorus and Bells Spring Concert	CC
7:00pm	Chorus and Bells Spring Concert	CC

Room Locations (Key)

B = Bistro
BR = Billiards Room
CC = Cultural Center
FCG = Gym
FCP = Pool
FG = Fitness Garden
FS = Fitness Studio
IR = Iris Room
LR = Library
ML= Main Lounge
MR = Meditation Room
OT = Other
PG = Putting Green
PR = Parlor
RC = Resident Clinic
TC = Transportation
TR = Terrace Room
WR = Wyomissing Club Room

Feature Events

OKLAHOMA (1999) Music/Musical | Romance

Cowboy Curly McClain tries to win the heart of a girl in a singing and dancing extravaganza.

April 26, 2025, | 7:00 p.m. | Cultural Center B

April 27, 2025, | 2:00 p.m. | Cultural Center B

SPORTS TALK

Join fellow neighbors as they discuss all things sports.

Love sports? Join us for *Sports Talk*, where fellow fans come together to chat about everything from classic games to current matchups. Whether you're into football, baseball, basketball, or beyond, there's always something to dive into and debate. Come share your hot takes, favorite moments, and hear what others think—no stats degree required!

April 28, 2025, | 10:00 a.m. | Iris Room

THE GREAT COURSES – World Heritage Sites: Exploring the World's Greatest Places

- ***Australia's Great Barrier Reef (3 of 24)***

The Great Barrier Reef is one of the world's natural wonders, drawing travelers to its shimmering, multicolored coral reefs, teeming with fascinating marine life. Relive the dramatic discovery of the Reef in 1768, and learn about its complex, layered ecosystem, the largest structure ever built by living organisms. Witness the huge diversity of its wildlife and assess man-made dangers to the Reef.

- ***The Mogao Grottoes and Manuscripts (4 of 24)***

The Mogao Grottoes are a series of nearly 500 caves, dug out of cliffs in the desert of northwestern China, containing one of the most dazzling collections of Buddhist art anywhere in the world. Learn how the caves were created and see the sublime statues and lush paintings within them. Also take account of the legendary depository of Buddhist literature and historical texts within Cave 17.

April 28, 2025, | 11:00 a.m. | Cultural Center B

OPERA ARIAS

Get ready for a thrilling musical journey! William Gorton (gifted Tenor, Conductor, Composer) will be performing a stunning mix of operatic arias, beautifully crafted classical art songs, and passionate Italian numbers—all delivered with a touch of drama and flair. To keep things exciting, a few Broadway classics that boast the same soaring, operatic grandeur will be weaved in to the performance. Expect a program filled with passion, power, and timeless elegance—an unforgettable celebration of the human voice at its most expressive!

April 29, 2025, | 7:00 p.m. | Cultural Center

SMARTfit

SMARTfit is a fitness device tailored specifically for seniors, offering a variety of fun and engaging games for your brain and body. The games are designed to execute mental and physical skills more efficiently by increasing your processing speed and reaction time.

April 30, 2025, | 10:00 a.m. | Fitness Center Lobby

CHAPEL SERVICE

A non-denominational service is hosted for all residents who wish to practice their religious and spiritual beliefs. This uplifting service will be hosted by Quentin Wallace, all are welcome to attend.

April 30, 2025, | 2:00 p.m. | Cultural Center

Feature Events

MEET YOUR FOUR-LEGGED RESIDENT PET!

Come meet our friendly therapy dog and enjoy some tail-wagging happiness! Spending time with a loving, gentle pup can brighten your day, ease stress, and bring a smile to your face. Whether you're looking for a cuddle, a wagging tail, or just a comforting presence, our furry friend is here to lift your spirits. Don't miss out on this heartwarming experience - join us for some paws-itively wonderful companionship!

May 1, 2025, | 1:00 p.m. | Cultural Center B

THE GREAT COURSES – Great Masters: Haydn - His Life and Music

- ***Introduction and Early Life (1 of 8)***

Haydn's name is synonymous with the Classical style. No other single composer did as much to create and standardize the Classical symphony and quartet. This lecture describes his early years at school and as a choirboy at St. Stephen's Cathedral school in Vienna. In 1749, when his voice broke, he was expelled from St. Stephen's to begin a new life in Vienna at the age of 17....

May 2, 2025, | 11:00 a.m. | Cultural Center B

SHOPPING LOOP

Residents can go to a variety of shopping locations in the surrounding area.

Locations:

- Weis Grocery
- Giant Shopping Center (Giant, Fulton Bank, and Wine & Spirits)
- CVS Pharmacy
- Lancaster Ave Shoppes (Farmers Market, Wells Fargo, DMV, etc.) ¹ **1st, 3rd, & 5th Fridays**
- Wyomissing Shoppes (Farmers Market, Loft, Chico's, Talbots, etc.) ² **2nd & 4th Fridays**

Departure:

- Every 60 minutes starting at 10:00 a.m. until 1:00 p.m.

May 2, 2025, (Weekly Every Friday) | 10:00 a.m. and 1:00 p.m. | Transportation Center

WYOMISSING LIBRARY EDIT PICKUP/DROP-OFF

Residents can drop off their current books and make a reservation for new books.

We are excited to announce an upcoming opportunity available to residents in conjunction with the Wyomissing Public Library. The Wyomissing Public Library will be piloting their book delivery program with the residents of The Highlands at Wyomissing®. This program will allow residents to gain access to over 10,000 titles of books, including Large Print books, audiobooks, DVD's and magazines.

For residents to take advantage of the program, they will need to be members of the Wyomissing Public Library. If you already have a library card, no additional membership is required. On Friday, September 1 from 2:00 p.m. to 4:00 p.m. and Wednesday, September 6 from 10:00 a.m. to 12:00 p.m., a representative from the Wyomissing Public Library will be present in the Highlands Library to assist residents with that process.

Resident orders will be delivered to the Highlands Library every Friday from 2:00 p.m. to 4:00 p.m. If a resident is unable to make the pickup or drop-off window, designated bins are located in the Highlands Library to assist with the process. Orders for books, magazines, and DVDS can be completed by calling 610-374-2385 or emailing circulation@wyopublib.org.

May 2, 2025, (Weekly Every Friday) | 2:00 p.m. to 4:00 p.m. | Library

Feature Events

THE BUCKET LIST (2008) Comedy | Drama

Jack Nicholson and Morgan Freeman star in this comedy drama, directed by Rob Reiner, a touching, no-holds-barred adventure that shows it's never too late to live life to its fullest--THE BUCKET LIST. One man was smart enough to go to college, but has worked his entire life as a mechanic; the other owns the hospital in which they are both patients. But these two men with little time left and even less to lose, discover that life can be deeply moving and definitely hilarious.

May 3, 2025, | 7:00 p.m. | Cultural Center B

May 4, 2025, | 2:00 p.m. | Cultural Center B

THE HIGHLANDS CHORUS AND BELLS SPRING CONCERT PERFORMANCE

The Highlandaires and Bellaires will present music from The Great American Songbook at their May 5th program which will be presented at 2:00pm and 7:00pm in the Cultural Center.

Included in the program will be a medley of spirituals, folk songs, songs from movies and ending with a medley from Broadway's Oklahoma! The musical groups are directed by resident Rosemary Fraley and accompanied by Kay Wadsworth with narration by Tony Kliner.

May 5, 2025, | 2:00 p.m. | Cultural Center

May 5, 2025, | 7:00 p.m. | Cultural Center

Future At A Glance

Monday	Tuesday	Wednesday
5 * Happy Cinco de Mayo 9:00am – Yoga Flow 9:00am – Supervised Gym 10:00am – Sports Talk 10:00am – Arthritis Ability 11:00am – Supervised Swim 11:00am – The Great Courses 2:00pm – Chorus and Bells Performance 7:00pm – Chorus and Bells Performance	6 9:00am – Bone Builders 10:00am – Aqua Zumba 10:00am – Coffee with Chris 10:30am – Alvernia Senior College Sign Up 11:00am – Rabbi Michelson 1:00pm – Qigong 2:00pm – Bean Bag Baseball 7:00pm – John Bevacqua	7 8:00am – Stand n’ Drum 9:00am – Arthritis Ability 10:00am – SMARTfit 11:30am – Saucony Creek Brewing Sign Up 1:30pm – Cooking Creations Sign Up 1:30pm – Line Dancing 2:00pm – Chapel Service
12 9:00am – Yoga Flow 9:00am – Supervised Gym 10:00am – Sports Talk 10:00am – Arthritis Ability 11:00am – Supervised Swim 11:00am – The Great Courses 1:30pm – 92 nd Street Y 7:00pm – Lucille Jazz	13 9:00am – Bone Builders 10:00am – Aqua Zumba 1:00pm – Qigong 2:00pm – Cornhole	14 8:00am – Stand n’ Drum 9:00am – Arthritis Ability 10:00am – SMARTfit 1:30pm – Line Dancing 2:00pm – Chapel Service 4:00pm – Social Hour w/ Sr. Leadership 7:30pm – Know Your Symphony
19 9:00am – Yoga Flow 9:00am – Supervised Gym 10:00am – Sports Talk 10:00am – Arthritis Ability 11:00am – Supervised Swim 11:00am – The Great Courses 2:00pm – Atonement Day	20 9:00am – Bone Builders 10:00am – Aqua Zumba 10:00am – Coffee with Chris 1:00pm – Qigong 2:00pm – Cornhole	21 8:00am – Stand n’ Drum 9:00am – Arthritis Ability 10:00am – SMARTfit 1:30pm – Line Dancing 2:00pm – Chapel Service 7:00pm – Greater Reading Encore Chorale

Future At A Glance

Thursday	Friday	Saturday
8 9:00am – Bone Builders 10:00am – Knit and Crochet Connection 10:00am – Zumba Gold 11:00am – Sea Sculpt 11:30am – Teacher Appreciation ^{Sign Up} 2:00pm – Community Garden 3:30pm – Cooking with Kevin ^{Sign Up} 7:00pm – Bingo	9 9:00am – Fists of Fury 10:00am – Shopping Loop 11:00am – The Great Courses 1:30pm – Governor Mifflin Orchestra 2:00pm – Wyo Library Pickup/ Drop Off 2:00pm – Bocce	10 2:00pm – Woodwind Quintet 7:00pm – Stepmom (1998)
		Sunday
		11 * Happy Mother's Day 2:00pm – Stepmom (1998)
15 9:00am – Bone Builders 10:00am – Knit and Crochet Connection 10:00am – Zumba Gold 10:00am – Public Affairs Opport. House 11:00am – Sea Sculpt 1:00pm – Pilates 2:00pm – Nutrition for Seniors 7:00pm – Resident Association	16 9:00am – Cardio Blast 9:00am – Community Impact Symposium 10:00am – Shopping Loop 11:00am – The Great Courses 2:00pm – Wyo Library Pickup/ Drop Off	Saturday
		17 6:05pm – Reading Symphony Orchestra (shuttle #1) ^{Sign Up} 6:45pm – Reading Symphony Orchestra (shuttle #2) ^{Sign Up} 7:00pm – The Unbreakable Boy (2025)
		Sunday
22 9:00am – Bone Builders 10:00am – Knit and Crochet Connection 10:00am – Zumba Gold 11:00am – Sea Sculpt 7:00pm – Resident Town Hall	23 9:00am – Fists of Fury 10:00am – Shopping Loop 11:00am – The Great Courses 2:00pm – Wyo Library Pickup/ Drop Off 2:00pm – Bocce	18 2:00pm – The Unbreakable Boy (2025)
		Saturday
		24 7:00pm – Something the Lord Made (2018)
		Sunday
		25 2:00pm – Something the Lord Made (2018)

Resident Clubs

Duplicate Bridge: 1:00 p.m. – Cultural Center A
Resident Contact: Mike Kastenbaum
Meeting Date(s): 2nd & 4th Saturdays

Card Party: 7:00pm – Parlor
Resident Contact: Programming Hotline
Meeting Date(s): Mondays

American Mahjong: 1:00pm – Cross Over Bridge
Resident Contact: Lucy Reifsnnyder
Meeting Date(s): Mondays

Marbles: 7:00pm – Cultural Center B
Resident Contact: Rose Marie Fogarty
Meeting Date(s): Fridays

Ukulele: 3:00pm – See Cindy for Location
Resident Contact: Cindy Laubach
Meeting Date(s): Tuesdays

Pinochle Lessons: 1:00pm – Cross Over Bridge
Resident Contact: Shelba Pfleger
Meeting Date(s): Wednesdays

French Group: 1:00 p.m. – Cross Over Bridge Room
Resident Contact: Pat Frankel
Meeting Date(s): 2nd & 4th Tuesdays

12-Step Meeting: 2:00 p.m. – Meditation Room
Resident Contact: Eve Kimball
Meeting Date(s): Thursdays

Psuedo Mahjong: 11:00am – Cross Over Bridge
Resident Contact: Gwen Fischer
Meeting Date(s): Mondays

Game Night: 7:00pm – Parlor
Resident Contact: Programming Hotline
Meeting Date(s): Wednesdays

Genealogy: 10:00am – Parlor
Resident Contact: Joan Gruber
Meeting Date(s): 3rd Friday of the month

Pinochle: 6:30pm – Cultural Center A
Resident Contact: Susannah Sterling
Meeting Date(s): Saturdays

Club Announcements

THIS WEEK'S CLUB REMINDER:

Duplicate Bridge	Saturday 4/26	1:00 p.m.	Cultural Center A
Pinochle	Saturday 4/26	6:30 p.m.	Cultural Center A
Card Party	Monday 4/28	7:00 p.m.	Parlor
Game Night	Wednesday 4/30	7:00 p.m.	Parlor
12 Step Meeting	Thursday 5/1	2:00 p.m.	Meditation Room
Marbles	Friday 5/2	7:00 p.m.	Cultural Center B
Pinochle	Saturday 5/3	6:30 p.m.	Cultural Center A

NEW WALK CLUB

Every Wednesday (starting May 7th) Mr. Paul Hetrich will lead a leisure and informative walk along the Wyomissing Creek and Pine Forest, stopping occasionally to view plants, birds, and other wildlife.

May 7, 2025, | 9:00 a.m. | Main Lounge



*The Highlands Happenings is distributed by Resident Services.
Questions related to the Highlands Happenings, or its contents should be directed to 484-220-8268.*